



NORTHLAND BASKETBALL

2021 REPRESENTATIVE &
DEVELOPMENT PROGRAMME
GUIDE

TABLE OF CONTENT

| | |
|--|-----------|
| INTRODUCTION | 2 |
| Definition of Success | 2 |
| NB Staff | 2 |
| Values | 3 |
| PATHWAYS | 4 |
| 2020-21 REPRESENTATIVE & DEVELOPMENT CALENDAR | 5 |
| PLAYER SELECTION | 6 |
| COACH SELECTION | 7 |
| GAMES | 8 |
| TRAVEL TEAM POLICIES | 8 |
| COSTS | 9 |
| Tournament Costs | 9 |
| Payment Plans and Financial Hardship | 9 |
| HEALTH AND WELLBEING | 10 |
| Injury Prevention | 10 |
| Nutrition | 10 |
| Let Them Play | 10 |
| VOLUNTEER AGREEMENT | 11 |
| PLAYER AND PARENTS AGREEMENT | 13 |

INTRODUCTION

Northland Basketball (NB) is a community based not for profit amateur sporting organisation. NB is an association under Basketball New Zealand (BBNZ) that enters Representative Teams into BBNZ competitions and tournaments. This guide aims to provide clarity by informing and educating parents, players and other officials and volunteers. Reading and understanding this guide is essential to participation in the programme, and accepting any position at NB is only possible after the guide has been understood and agreed to by completing the forms at the back of this guide.

We hope you have a positive experience during this season. We hope that you compete hard and fair at every training and game you participate in this year. We hope all our players strive to be the best student, player, role model and person they can be.

NB STAFFING STRUCTURE

General Manager – Josh Port

Basketball Development Coach – Freda Riwai

Basketball Development Coach – Mata Cameron

Basketball Development Coach – Manuera Riwai

Definition of Success

NB aims to develop each player and coach to their full potential, and defines success by whether our young people have:

- Positive experience in the sport of basketball
- Improved as basketballers, in both technical skill and knowledge aspects
- Improved as people
- Want to continue to play for NB in future

Values

WE before ME: We understand the importance of working for the team to achieve our common goals. WE ARE STRONGER TOGETHER.

Respect: We respect and value the differences and diversity in other people.

Pride: We understand that representing NORTHLAND is a privilege, we wear the uniform with pride in everything we do. We are not only representing Northland Basketball, but our families, our area and everyone who has gone before us.

Toughness: we will do whatever it takes to get the job done, and compete with the highest levels of effort in everything we do.

Resilience: We will be able to focus on the right things and respond with an appropriate reaction regardless of circumstances.

Honesty: We will deal with each other honestly and with integrity in order to find solutions to meet our collective goals.

Gratitude: We understand the importance of showing gratitude to each other, our coaches, referees, managers and the other teams we play.

PATHWAYS

Basketball is one of the most global sports in the world. If a player becomes good enough at basketball, there is a world of opportunity for them to make more than a comfortable living playing the game. There are many pathways if a player wants to pursue a professional pathway in basketball both here at home in New Zealand (NZ Breakers, or NBL teams) or abroad in USA, Australia, Phillipines, Turkey, Israel, China and many other countries.

The normal pathway within New Zealand is playing for your highschool, playing representative basketball, and then pathwaying into the national teams or national junior team camps.

By playing representative basketball, players become eligible to be nominated and selected for Basketball New Zealand programmes and teams.

There are many opportunities to experience basketball in varying levels overseas with various groups, especially targeting players between 9 – 16 years old, which players may be presented with, but players should in our mind, prioritize playing for their school, representing Northland Basketball by playing representative basketball, and any opportunities to play at a national or international level that arise from their participation in representative basketball.

2020-21 REPRESENTATIVE & DEVELOPMENT CALENDAR

| | |
|-------------------------|--|
| 1 Dec - 17 Jan | Trials, dictated by Coach |
| 6 March - 4 June | SuperCity Tournament |
| TBC | Under 19 Northern Zone Qualifiers |
| 2 - 5 April | Easter Tournament |
| TBC | Under 19 Training for Nationals |
| TBC | SuperCity Tournament resumes |
| TBC | Northern Zone Qualifiers |
| TBC | Under 19 Nationals |
| TBC | Training for Nationals |
| TBC | Under 17 Nationals |
| TBC | Under 15 Nationals |

PLAYER SELECTION

Open trials will be held on a specified date by the coach at a court in Northland. Players should endeavour to attend the trials, unless extenuating circumstances arise, only players who trial will be considered for representative teams.

Selectors will utilize their knowledge of players along with the merits of all eligible players to select players for representative teams. Players and parents must acknowledge and accept guidelines set out in this guide to confirm their selection in the team.

Players may only stand for selection in their own age group due to the nature of the BBNZ eligibility requirements (age groups are 13 years or younger as at 1 January of the event year to be eligible for the Under 13 age group representative team).

The number of representative teams that NB enters in any given age is dependant on several factors including player availability, talent pool, coaching resources and training venue availability. Representative teams will have up to 12 players, with a maximum of 8 bottom age players.

Selectors will consider many factors when selecting players, these can be including, but not limited to:

- Performance at trials
- Coachability
- Athletic ability and other physical attributes
- Ability to compete at tournaments
- Mental skills including self discipline, resilience, effort, work ethic etc
- Desire to become a better player
- Player/Parent/Guardian behaviour
- Team needs

COACH SELECTION

Expression of Interest process:

Coaching positions will be offered to the public through an expression of interest process. Coaches who want to be considered for NB coaching positions (Head Coach, Assistant Coach, Development Coach) must complete an EOI form and submit to NB before the cut off date.

Considerations for Selections:

Consideration will be given to, but not limited to:

- Willingness and ability to work within the NB programme
- Level of experience
- Tactical acumen relative to level/age group applied for
- Willingness to accept learnings and mentoring

Ratification of Selections:

Once NB Coaches have been selected, these will be presented to the NB board for ratification. All appointed coaches will be subject to NB Code of Conduct and a Police Vet.

NB is working hard to establish a network of coaches who are investing in the development of athletes that can play at a national standard, be examples to other athletes in their commitment to learning about the game, and become positive role models in their behaviour.

GAMES

NB loans all players their playing singlet and shorts for the season. NB will also provide apparel for purchase. It is expected that players will wear the official NB gear for games, warm ups and trainings.

Representative Basketball is highly competitive and playing time is never guaranteed. Some players will play more than others as coaches will have different philosophies on rotations. Coaches have the discretion to do what they feel is in the best interests of the team as a whole. Coaches are urged to be able to articulate their reasons behind playing time and how it can be increased if they are approached under the right circumstances.

TRAVEL TEAM POLICIES

Transport

For all SuperCity, Regional and National tournaments in the North Island, teams will drive, with a van allocated to the team by NB. If additional seating is required 1 x car with fully licensed and approved (by NB) driver will be reimbursed for fuel, per team.

Accommodation

For all tournaments that require an overnight stay, teams will stay at accommodation that has been organised by NB, that provides one bed per person.

Team Staff

Each Representative team will have a maximum of three staff on a trip. Ideally this is the Head Coach, Assistant Coach and Manager.

COSTS

Tournament Costs

| | |
|---------------------|-----|
| SuperCity | TBC |
| Easter | TBC |
| National Qualifiers | TBC |
| National Tournament | TBC |

These costs cover training venue hire, team entry fees, vehicle hire, petrol costs, accommodation costs, food (breakfast, lunch and dinner if staying away), any reasonable costs associated with volunteer coaches & managers, and any other sundry costs including but not limited to laundry etc.

Team managers and NB Competitions Manager will work within these budgets in preparing for trips.

NB reserves the right to prevent any non-financial representative players from trialling and participating in the NB representative or development programme.

Financial Hardship & Payment Plans

We encourage our members to swiftly communicate any requirement for a payment plan to NB staff. These are completed at the discretion of NB staff. Once approved, NB requires that these payment plans are kept up with.

Any cases of serious financial hardship should be communicated to NB staff. These communications will be dealt with in the strictest confidence on a case by case basis.

HEALTH AND WELLBEING

Injury Prevention

Strength and Conditioning is vital to being an athlete. This does not just mean 'lifting weights', but also means running correctly, learning how to land safely, and ensuring that our bodies are loaded evenly.

BBNZ made mouthguards compulsory at all national tournaments, and NB has followed suit with all age group and school tournaments requiring athletes to wear a mouthguard.

Nutrition

The food you put into your body is the fuel for your body to operate at the highest level possible. Having an understanding of what type of fuel you are putting in your body is relevant when you are placing high demands on your body, especially when you are playing in tournaments or doing multiple high intensity activities per week (trainings, games etc). How we fuel and re-fuel our recovering body can make a lot of difference late in tournaments, and over the course of a season.

Sleep

As members of NB Rep Programme we urge all of our athletes to acknowledge that their body is their tool, and to commit to looking after it. A good night's rest is the most crucial element to having an active brain for healthy learning and play, both on the court and off.

Let them Play

Let them Play is about sideline behaviour. Part of the aim is to see a reduction in negative comments or behaviours coming from the sidelines or stands at all levels, and fostering a safe and positive environment for our young people to enjoy sport.

VOLUNTEER COACH AGREEMENT

All NB Volunteers are required to read and accept these requirements in order to accept a position at NB.

TERMS OF APPOINTMENT

The term of the appointment for _____ will be for the 2021 representative season only (1 December 2020 – 30 November 2021).

Duties and Responsibilities

The Coach will be responsible for:

- Attendance at trials
- Assisting with selection of players
- All areas which are relevant to team performance
- Liase with NB staff where necessary
- Observe and comply with all directions given by NB
- Wear apparel provided by NB

Key Performance Indicators

- Planning and preparation for team
- A Top 8 finish at National tournament
- Excellent working relationship with NB staff
- Participation in Personal Development opportunities
- Athletes demonstrate progression
- Athletes have positive experience

General Code of Conduct for Coaches and Support Staff

Your voluntary service is greatly appreciated and valued. We have our athletes in your care and you are responsible for setting a good example to them.

You are expected to:

1. Comply with and encourage compliance with NB standards, policies and code of conduct
2. Follow the rules and spirit of sport at all times
3. Be fair, considerate and honest with all players, officials and team members.
4. Be alert to any conduct which may be regarded as abuse, harassment or discrimination
5. Ensure that any physical contact with your players is appropriate and necessary

6. Avoid unaccompanied or unobserved activities with persons under the age of 18 wherever possible
7. Treat people with respect and courtesy
8. Abide by NB policies and encourage sideline supporters to abide by LET THEM PLAY policy
9. Be responsible with alcohol consumption
10. Show appropriate concern and caution with sick/injured players
11. Provide safe environment for training and competition
12. Be a positive role model for everyone involved

You MUST NOT:

1. Use your involvement with NB to promote your own beliefs, behaviours or practices where these are inconsistent with those of NB
2. Engage or encourage any forms of abuse, harassment, discrimination or conduct detrimental to you, the team or NB
3. Engage in any intimate relationship with athletes under your care
4. Remain in the changing rooms unnecessarily
5. Engage in any criminal or unlawful activity
6. Denigrate or intimidate players, officials, spectators or event organisers
7. Allow underage athletes to consume alcohol
8. Game or wager in connection with any game run under BBNZ
9. Offer, give, solicit or accept anything of value to or from any person with the intent to influence any players efforts in games
10. Make any statements whatsoever or engage in any behaviour or activity which brings NB and/or the team into disrepute or injures its reputation

I acknowledge that I have read the details contained in the NB Volunteer Coach Agreement and agree to be bound by them during the term of my appointment:

Name:

Signature:

Date:

PLAYER AND PARENT AGREEMENT

Players

I will embody the values and player expectations in my behaviour on and off the court.

I will be humble in victory and defeat.

I will respect the rights, dignity and worth of people involved in the game.

I will thank the opposition, scorebench and officials at the end of the game, regardless of result.

Parents

I will embody the NB values

I will instill the NB values and player expectations within my child

I will respect the rights, dignity and worth of all people involved in the game

I will give positive comments during trainings, games and any other event that is related to NB

I give permission for my child's image to be recorded, and used for promotional material for NB.

I give permission for my child to travel with the team, as long as a fully licensed driver that is approved by NB is driving.

Date:

Player Name:

Player Signature:

Parent Name:

Parent Signature: